

**THE PHILOSOPHY AND  
MECHANICAL PRINCIPLES  
OF OSTEOPATHY**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9781760570996

The Philosophy and Mechanical Principles of Osteopathy by Andrew Taylor Still

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.  
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

[www.triestepublishing.com](http://www.triestepublishing.com)

**ANDREW TAYLOR STILL**

**THE PHILOSOPHY AND  
MECHANICAL PRINCIPLES  
OF OSTEOPATHY**



Henry Phelps Whitcomb D.D.  
Burlington Vt  
Feb 29 1904

---

*THE PHILOSOPHY*  
*and*  
*MECHANICAL PRINCIPLES*  
*of*  
*OSTEOPATHY.*

---

By

*ANDREW TAYLOR STILL,*

*Discoverer of the Science of Osteopathy ;  
Founder and President of the American School of Osteopathy,  
Kirksville, Adair County, Missouri.*

---

1902.  
HUDSON-KIMBERLY PUB. CO.  
KANSAS CITY, MO.

WB940  
S857p2  
1902

---

Copyright, 1892,  
ANDREW TAYLOR STILL.

---

## Preface.

---

In taking up a pen at my age, and assuming the responsibility of writing a book on the causes and treatment of diseases, philosophically and in a comprehensible manner, with words and forms to meet the demands of this enlightened age, I feel it is a very great undertaking, and ask that the world give me its friendly criticism. Read and adopt, or reject, as you may feel disposed when you have perused what I may write. I start out on this journey alone, with no compass except my reason, and if I fail, no one will suffer for the trip, excepting myself.

A. T. S.

JANUARY 1, 1902.

## CONTENTS.

	<b>PAGE.</b>
<b>INTRODUCTION</b> .....	9
My Authorities.....	9
Age of Osteopathy.....	9
Demand for Progress..	11
Truth Is Truth.....	15
Man Is Triune.....	16
Trash.....	17
Osteopathy.....	18
Nature Is Health.....	22
Our Relation to Other Systems.....	24
<b>CHAPTER I.—IMPORTANT STUDIES</b> .....	27
Anatomy.....	27
Physiology.....	29
Chemistry.....	31
Principles of Osteopathy.....	32
Symptomatology.....	33
Surgery.....	34
<b>CHAPTER II.—SOME SUBSTANCES OF THE BODY</b> .....	37
Two Hundred Bones.....	37
The Brain.....	40
Cerebro-Spinal Fluid.....	43
Spinal Cord.....	45
What Are Nerves?.....	47
Nerve Powers.....	50
Three Conditions of the Blood-Corpuseles.....	51
Fluids of the Body.....	53
Blood.....	53
Disease Defined.....	56
The Fascia.....	60
An Illustration of Conception.....	65
Lymphatics.....	65
Universally Distributed.....	65
Definition of the Word "Treat".....	69

	PAGE.
CHAPTER III.—DIVISIONS OF THE BODY.....	72
Mission of the Doctor.....	72
Five Divisions.....	72
CHAPTER IV.—HEAD, FACE, AND SCALP.....	77
Causes of Effects.....	77
Erysipelas.....	78
Baldness.....	79
Treatment of Erysipelas.....	81
CHAPTER V.—THE NECK.....	86
Organized Substances of the Body.....	86
Treatment of the Neck.....	87
The Arm.....	88
Structure of the Neck.....	89
Croup, Diphtheria, Tonsillitis.....	91
Treatment of Diphtheria.....	97
Whooping Cough.....	98
CHAPTER VI.—THORAX.....	101
Inhibition and Stimulation.....	101
Lungs—Place, Power, and Use.....	102
Pneumonia.....	104
Consumption.....	105
Its Description.....	108
Effects.....	108
The Cause.....	110
Miliary Tuberculosis.....	111
Variety of Births.....	113
Lung Diseases.....	116
Found Effects.....	117
Digestion.....	118
Its Philosophy.....	119
The Heart.....	121
Development.....	122
Heart Disease.....	123
Causes.....	125
A Few Facts.....	126
Aneurisms.....	128
Rheumatism.....	130
The Internal and External Mammary Arteries.....	131

CONTENTS.

5

	PAGE.
CHAPTER VII.—DIAPHRAGM .....	132
New Discoveries .....	132
Medical Doctors.....	134
Importance of Splanchnics .....	135
The Diaphragm in Health .....	136
Out of Position .....	138
Location .....	139
Nervous Prostration.....	140
CHAPTER VIII.—ABDOMEN.....	146
Inhibition .....	146
Thoracic Duct.....	150
Feast of Reason.....	152
The Pancreas.....	158
Importance of Pure Blood.....	159
Function of Viscera .....	166
The Mesentery.....	168
Omentum .....	169
Appendicitis .....	174
What Are Abdominal Tumors?.....	178
Prolapsed Viscera .....	180
Liver .....	182
Kidneys.....	183
Stomach .....	186
Process of Digestion by Electricity.....	188
Constipation of the Bowels .....	189
The Treatment of Constipation .....	190
CHAPTER IX—PELVIS.....	194
Diseases of Bladder.....	194
Rectum .....	194
Uterus .....	197
Effects of Wounds.....	198
Tumors .....	199
In Health and Disease .....	200
Gynecology.....	202
Importance of a Healthy Womb .....	205
Nature Our School .....	207
Anatomical Differences.....	208
Our Instruments .....	210
Machine Gives Out .....	211