TREATISE ON THE FOOD QUESTION. IN FIVE VOLUMES. VOLUME III. PP. 593-862

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Encyclopedia of diet: a treatise on the food question. In Five volumes. Volume III. pp. 593-862 by Eugene Christian

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EUGENE CHRISTIAN

ENCYCLOPEDIA OF DIET: A TREATISE ON THE FOOD QUESTION. IN FIVE VOLUMES. VOLUME III. PP. 593-862



ENCYCLOPEDIA OF DIET

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A Treatise on the Food Question

IN FIVE VOLUMES

EXPLAINING, IN PLAIN LANGUAGE, THE
CHEMISTRY OF FOOD AND THE CHEMISTRY OF
THE HUMAN BODY, TOGETHER WITH THE ART OF
UNITING THESE TWO BRANCHES OF SCIENCE IN THE
PROCESS OF EATING, SO AS TO ESTABLISH NORMAL
DIGESTION AND ASSIMILATION OF FOOD AND
NORMAL ELIMINATION OF WASTE, THERRBY
REMOVING THE CAUSES OF STOMACH,
INTESTINAL, AND ALL OTHER
DIGESTIVE DISORDERS

BY

EUGENE CHRISTIAN, F. S. D.

VOLUME III

NEW YORK
THE CHRISTIAN DIETETIC SOCIETY
1914

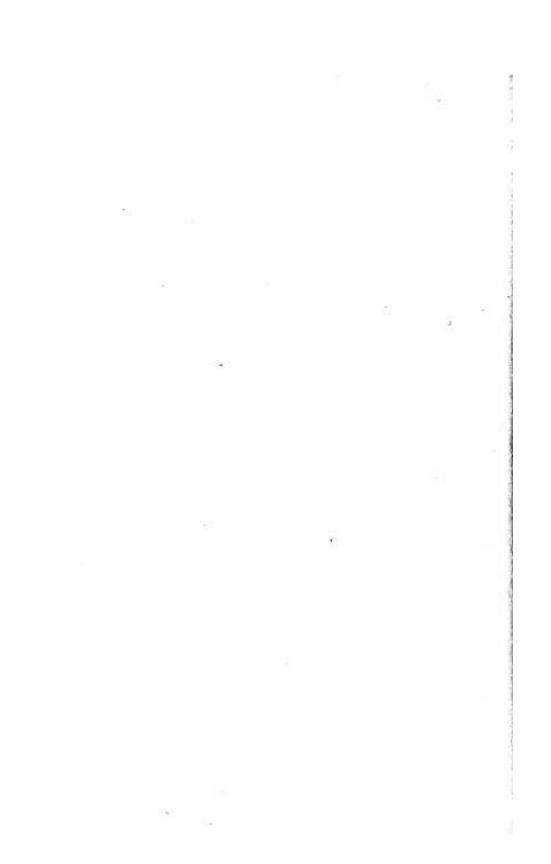
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LESSON XII

HARMONIOUS COMBINATIONS OF FOOD

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