ONE HUNDRED MASS PLAY GAMES

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One Hundred Mass Play Games by Frank S. Wyatt

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FRANK S. WYATT

ONE HUNDRED MASS PLAY GAMES

Trieste





PLATE 7. WHEEL FORMATION, BIGHT IN EACH SPOKE.

One Hundred Mass Play Games

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CAPT. FRANK S. WYATT

Director of Athletics Northwestern State College of Oklahoma; Formerly Director of Physical Activities Base 1, A. E. F.; France

> HARLOW PUBLISHING COMPANY Oklaboma City. 1921

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Foreword

The author of this book for the past fifteen years has had the direction of physical work at the Northwestern State Teachers' College at Alva, Oklahoma, excepting the three years when he was in active service with the Army. After the armistice, he was placed in charge of all physical activities at Base 1, S. O. S., France. Approximately 600,000 men passed through this base. After his return from France, he was given direction of all activities for shell-shocked men at St. Elizabeth Hospital, Washington, D. C. Quoting the Washington Post, "The doctors of the hospital were astonished and pleased with the results of the Mass Play Games upon the shell-shocked men as introduced by Capt. Wyatt."

From this notable experience comes a clear vision not only of a soldier-trained America, but also a citizen-trained America. There is no imaginable reason why a training proven to be good for the physique and morale of the soldier should not be equally good for the citizen.

I desire to acknowledge the courtesy of the Y. M. C. A. general office in granting permission to use two copyrighted formations,—the chariot-lock and the shuttle formation.

FRANK S. WYATT.

Alva, Okla. Dec. 15. 1921.

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