# THE VOICE: HOW TO TRAIN IT, HOW TO CARE FOR IT

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The Voice: How to Train It, How to Care for It by E. B. Warman

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# THE VOICE

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FOR MINISTERS, LECTURERS, READERS, ACTORS, SINGERS, TEACHERS, AND PUBLIC SPEAKERS

BY

## E. B. WARMAN A.M.

AUTHOR OF PRINCIPLES OF PRONUNCIATION IN WORCESTER'S DICTIONARY; NOW TO READ,
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PRACTICAL ORTHORPY AND CENTIQUE: CRITICAL ANALYSIS OF
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### PREFACE.

IT is our endeavor to set forth such teachings as will strengthen weak lungs; inculcate ideas of correct breathing and management of the breath; remove and prevent throat, lung, and bronchial trouble; also remove and prevent swollen tonsils and elongated uvula, without resorting to the surgeon's knife; strengthen the pillars of the soft palate, thereby removing what is known as "dropping of the palate;" strengthen and invigorate the vocal organs, that they may be used daily, for consecutive hours, without incurring the slightest injury, or causing weariness or hoarseness; and enable one to manage the breath in the production of tone, thus giving the maximum of power with the minimum of strength.

These pages are intended to be of practical benefit to ministers, lecturers, actors, readers, singers, teachers; in fact, to all who use the voice, whether publicly or otherwise. Every man should be worthy of his calling; and no less important is it that he should prepare for the proper performance of its duties.

This volume deals only with the control of the voice, while its companions, "Gestures and Attitudes," and "Principles of Reading," serve as guides to the other requisites of the public speaker; namely, control of the body, and control of the thought. That each, in its turn, may serve its purpose, is the desire of

THE AUTHOR.

CHICAGO, ILL., 1889.