

A SPIRITUAL RETREAT

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A spiritual retreat by Father Alexander

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FATHER ALEXANDER

**A SPIRITUAL
RETREAT**

A Spiritual Retreat

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"The Catholic Home," "The Way of Youth," etc.



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PREFACE

ALTHOUGH the author has primarily in view the needs of men and women dedicated to the service of God in the cloister, he hopes that the Spiritual Retreat will find favour with that large class of Catholics in the outside world who aim at reproducing in themselves the cloister virtues—Humility, Docility, Patience, Generosity, Fortitude, and Self-Sacrifice. Inasmuch as he frequently exhorts Religious to emulate the strenuousness of those who have to battle with the world, so he would fain invite the latter to share in the peace enjoyed by those who give themselves altogether to God's service.

A general index has been provided, which he anticipates will render the volume useful for spiritual reading at all times, but more especially during the holy season of Pentecost.

CONTENTS

I.

VENI, SANCTE SPIRITUS

The graciousness of God—He alone knows our needs—Hope even for sinners—Sad condition of world—Dangers threatening cloister—Evil results from neglect of prayer and solitude—Benefits of Retreat—Renewal of one's spirit the work of Holy Ghost—How to propitiate Him—Co-operation—Prayer—Penance - - - - - 1-6

II.

VENI, PATER PAUPERUM

Worldly and unworldly wealth compared—Spiritual poverty: cause, effects, remedy—One glorious exception—Blindness of modern world: seen in nations and institutions—Past glories: present decay—Grounds for hope—Where duty lies—Danger of delay—"I will arise!"—Our spiritual riches—How to guard them - - - - - 7-13

III.

VENI, DATOR MUNERUM

Gifts of God in general—How the great saints appealed to them—Personal gifts: time, talents, opportunities—Use and abuse of natural gifts—Mediocrity—Success—How to retire gracefully from scene of labour—Opportunity makes the saint—Daily opportunities in cloister—Importance of little things - - - - - 14-23

IV.

VENI, LUMEN CORDIUM

Love of God is the light of the heart—Walking in darkness—Love means union—The world without love—Lack of love means lack of thought—Desolation—Quest of love by saints—Love, the principle of perfection—Dutifulness—Steps towards love—Divine attributes—Growth of love - 24-33

V.

CONSOLATOR OPTIME

	PAGES
Universality of suffering—Attitude of believer—Value of suffering—Heaven a spectator—Our hellish foes—Bravery <i>versus</i> cowardice—Pity and compassion of God—Christ in suffering our Model—Rewards—The religious pessimist—God our Father—Compensation in suffering—Blessings of vocation—Human consolers—Their limitations	34-42

VI.

DULCIS HOSPES ANIMÆ

Guests in the old home—A man known by his company—Loneliness: its dangers—The inhospitable spirit—The true Religious is accessible—Spiritual hospitality—Guests of the soul—Welcome <i>versus</i> unwelcome guests—The indwelling of the Spirit	43-51
---	-------

VII.

DULCE REFRIGERIUM

Life's pilgrimage—Our destiny—Christian duty—Parting of the ways—Mystery of vocation—Our own secret—Conditions of successful pilgrimage—The Holy Spirit, the pilgrim's guide—Resting-places—Our Emmanuel—The goal reached	52-62
---	-------

VIII.

IN LABORE REQUIES

Monastic repose—Pre-Reformation monasteries—Worldly <i>versus</i> unworldly rest—Rest in God—Examples—Difficulties of modern life—Remedies—The yoke of toil—Everlasting rest	63-72
--	-------

IX.

IN ÆSTU TEMPERIES

Man's dominion—Old Testament miracles—Excess of heat in moral order—Persecutions—The passions—The ruling passion—Practical hints—Saints who fought and conquered	73-82
--	-------

X.

IN FLETU SOLATIUM

Grief—Sowing in tears ; reaping in joy—Saving power of grief—
Melancholy and depression—Examples—Sin, supreme cause
of grief—Repentance—Marks of true repentance - PAGES
83-92

XI.

O LUX BEATISSIMA

Mission of Holy Ghost—Past and present ages—Divine light—
Christ's prayer—Pentecost—Religious called to secret
counsels of God—Darkness of soul *versus* illumination—
Rules and constitutions—The path of duty is the path of
light - - - - - 93-104

XII.

SINE TUO NUMINE

The cardinal sin of man—Heaven astonished—Without God we
are nothing—Examples—Foundation of humility—Dangers
of self-love—The rights of others—Source of our failures—
Resolutions - - - - - 105-114

XIII.

LAVA QUOD EST SORDIDUM

The cause of sin—Retrospect—Sorrowing remembrances—The
great penitents—God's holiness *versus* our sinfulness—Relics
of sin—Venial sin—Tepidity—Abiding sorrow - 115-123

XIV.

RIGA QUOD EST ARIDUM

Need of grace—Barrenness of pagan world—Our duty by it—
Aridity of civilized world—Dangers for us—Remedies—
Secret of the quest for grace - - - - - 124-131

XV.

SANA QUOD EST SAUCIUM

Wounds due to personal folly—The Divine Physician—Faith and
confidence—Courting disaster—Man's internal enemies—
Testimony of St. Paul—Victory does not mean immunity
from scars - - - - - 132-137

XVI.

FLECTE QUOD EST RIGIDUM

	PAGES
Victory of obedience—The noblest of the vows—Christ's way to victory—The only way for Religious—To be raised up we must first be cast down—The surrender at profession—The yoke and the burden—Mockeries of the worldly—Foundation of obedience—Queries - - -	138-144

XVII.

FOVE QUOD EST FRIGIDUM

The Holy Ghost diffuses warmth—Pentecost—Alternate coldness and warmth in spiritual life—The cloud of witnesses—St. Margaret Mary and Sacred Heart—The Blessed Sacrament—The "Visit" - - -	145-153
--	---------

XVIII.

REGE QUOD EST DEVIUM

The prodigal—Abuse of Divine generosity—Dark periods in history—Our own wanderings—Conditions of return—How to keep to safe paths—Our guides - - -	154-158
--	---------

XIX.

DA TUIS FIDELIBUS

Gifts of the Holy Ghost in general—Relation to grace—Their number and nature—The soul with and without gifts—The gift of Fear—Effects—Servile, initial, and filial fear—Pusillanimous souls—Saints' hatred of sin - - -	159-167
---	---------

XX.

DA TUIS FIDELIBUS

The gift of Piety—How it appeals to all men—The root of holiness—Practice—Results—How Piety is nourished in cloister—Evils of neglect—Gift of Fortitude—Its importance under trials - - -	168-174
---	---------

XXI.

DA TUIS FIDELIBUS

History of world in two chapters—Gift of Knowledge—Human <i>versus</i> Divine knowledge—St. Paul's indictment—Lessons for us—How the gift is lost—How increased—Gift of	
---	--