

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649209798

A spiritual retreat by Father Alexander

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Edited by Trieste Publishing Pty Ltd. Cover @ 2017

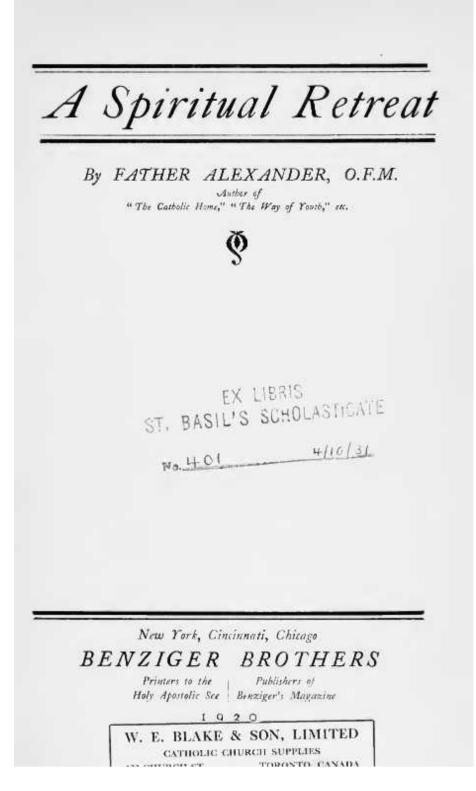
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## FATHER ALEXANDER

# A SPIRITUAL RETREAT

Trieste



## C PREFACE

A LTHOUGH the author has primarily in view the needs of men and women dedicated to the service of God in the cloister, he hopes that the Spiritual Retreat will find favour with that large class of Catholics in the outside world who aim at reproducing in themselves the cloister virtues—Humility, Docility, Patience, Generosity, Fortitude, and Self-Sacrifice. Inasmuch as he frequently exhorts Religious to emulate the strenuousness of those who have to battle with the world, so he would fain invite the latter to share in the peace enjoyed by those who give themselves altogether to God's service.

A general index has been provided, which he anticipates will render the volume useful for spiritual reading at all times, but more especially during the holy season of Pentecost.

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