# THE SCHOOL OF SALERNUM. REGIMEN SANITATIS SALERNITANUM

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The School of Salernum. Regimen Sanitatis Salernitanum by Sir John Harington & Francis R. Packard & Fielding H. Garrison

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# THE SCHOOL OF SALERNUM. REGIMEN SANITATIS SALERNITANUM



## · THE SCHOOL of SALERNUM·

REGIMEN SANITATIS SALERNITANUM

The English Version
BY SIR JOHN HARINGTON

FRANCIS R. PACKARD, M.D.

AND A NOTE ON THE PREHISTORY OF THE REGIMEN SANITATIS BY FIELDING H. GARRISON, M.D.



PAUL B. HOEBER

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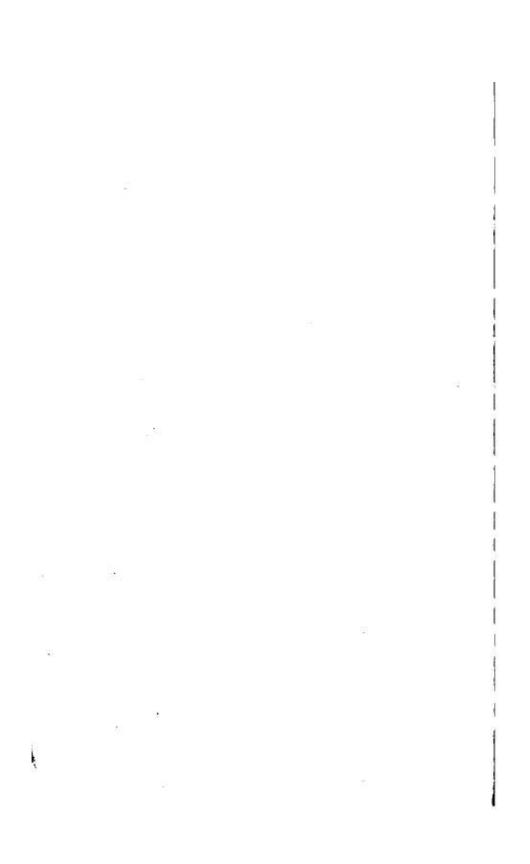
John Harryngton!

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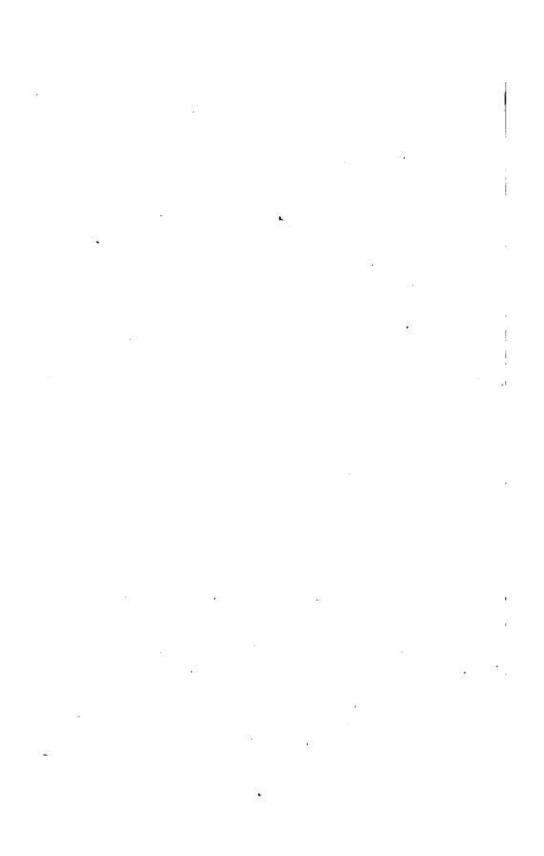
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### HISTORY OF THE SCHOOL OF SALERNUM

By Francis R. Packard, M.D.

Dark and Middle Ages, medicine, as a science, practically ceased to exist. In the Christian era hospitals and asylums for the sick were established, but it cannot be said that the clinical material thus gathered was utilized to much good. Leper hospitals in great numbers were established throughout Europe and England, necessitated by the spread of that disease by pilgrims and crusaders returning from the East.

To their preservation in various monastic libraries we owe the possession of most of the literary remains of ancient Greek, Latin, and Arabian medicine, but no additions were made during many centuries to the knowledge of anatomy, physiology, or other fundamental branches of medicine. The monks who wrote