

**THE SCHOOL OF
SALERNUM.
REGIMEN SANITATIS
SALERNITANUM**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649609727

The School of Salerno. Regimen Sanitatis Salernitanum by Sir John Harington & Francis R. Packard & Fielding H. Garrison

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

www.triestepublishing.com

**SIR JOHN HARINGTON & FRANCIS
R. PACKARD & FIELDING H. GARRISON**

**THE SCHOOL OF
SALERNUM.
REGIMEN SANITATIS
SALERNITANUM**

· THE
SCHOOL of SALERNUM·

REGIMEN SANITATIS SALERNITANUM

The English Version

BY SIR JOHN HARINGTON

HISTORY OF THE SCHOOL OF SALERNUM BY
FRANCIS R. PACKARD, M.D.

AND A NOTE ON THE PREHISTORY OF THE
REGIMEN SANITATIS BY
FIELDING H. GARRISON, M.D.



NEW YORK
PAUL B. HOEBER

1920

To the
Abbot of



John Haryngton¹

ÆTATIS SUÆ 30.

CONTENTS

	PAGE
I. HISTORY OF THE SCHOOL OF SALERNUM	
FRANCIS R. PACKARD	7
II. NOTE ON THE PREHISTORY OF THE REGIMEN SANITATIS	
FIELDING H. GARRISON	53
III. THE SALERNE SCHOOLE	67
IV. REGIMEN SANITATIS SALERNITANUM	159
V. NOTES ON THE ENGLISH TEXT	181
VI. NOTES ON THE LATIN TEXT	204
VII. INDEX OF SUBJECTS	210

1875

LIST OF ILLUSTRATIONS

	PAGE
SIR JOHN HARINGTON	<i>Frontispiece</i>
TAILPIECE, THE PRINTER'S DEVICE APPEARING IN SCOLA SALERNITANA. VENICE: CARL BROGIOLLUS, 1630	52
TAILPIECE, APPEARING IN MEDICINA SALERNITANA. VENICE: JOHANN SAVER, 1615	63
VILLA NOVA COMMENTING ON THE SCHOLA SALERNI	64
FIRST PAGE OF A MS OF HARINGTON'S TRANSLATION, IN A SCRIBE'S HAND BUT WITH HARINGTON'S OWN CORREC- TIONS	<i>Opposite</i> 75
REPRODUCTION OF THE TITLE PAGE FROM THE ENGLISH VERSION BY HARINGTON	67
THE MEDIEVAL PHYSICIAN IN HIS OFFICE	<i>Opposite</i> 76
THE BANQUET	78
THE PUBLIC BATH	83
THE PUBLIC BATH	85
THE MORNING DRAUGHT	89
THE SIGNS OF THE ZODIAC	<i>Opposite</i> 91
ARNOLD OF VILLA NOVA	<i>Opposite</i> 99
THE FOUR SEASONS	129
THE FOUR TEMPERAMENTS	<i>Opposite</i> 130
THE FOUR TEMPERAMENTS	133
THE SANGUINE MAN	135
THE CHOLERIC MAN	137
THE PHLEGMATIC MAN	139
THE MELANCHOLY MAN	141
BLEEDING TO CHEER THE PENSIVE	151



UNIV. OF
CALIFORNIA

HISTORY OF THE SCHOOL OF SALERNUM

BY FRANCIS R. PACKARD, M.D.

DURING the periods known as the Dark and Middle Ages, medicine, as a science, practically ceased to exist. In the Christian era hospitals and asylums for the sick were established, but it cannot be said that the clinical material thus gathered was utilized to much good. Leper hospitals in great numbers were established throughout Europe and England, necessitated by the spread of that disease by pilgrims and crusaders returning from the East.

To their preservation in various monastic libraries we owe the possession of most of the literary remains of ancient Greek, Latin, and Arabian medicine, but no additions were made during many centuries to the knowledge of anatomy, physiology, or other fundamental branches of medicine. The monks who wrote