

**PRACTICAL GUIDE TO HOMŒOPATHY
FOR FAMILY AND PRIVATE USE,
COMPILED FROM THE STANDARD WORKS
OF PULTE, LAURIE, RUDDOCK, VERDI,
AND OTHERS. FOR THE USE OF TWENTY-
EIGHT HOMŒOPATHIC REMEDIES**

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Practical Guide to Homeopathy for Family and Private Use, Compiled from the Standard Works of Pulte, Laurie, Ruddock, Verdi, and Others. For the Use of Twenty-Eight Homoeopathic Remedies by A. F. Worthington

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A. F. WORTHINGTON

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Revised and Enlarged.

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PREFACE.

THIS little volume is simply what its title indicates, a "Practical Guide" in the treatment of the common forms of acute disease. It is not the aim of this work to make physicians of the public, nor is it to be expected that every case of disease can be safely treated by domestic practice, nevertheless a long list of acute and serious diseases may be treated with greater safety and success by following the directions here given than they are treated by the ordinary drugging physicians. The treatment of such diseases as Diphtheria, Cholera, Small-pox, Acute Inflammations, and all severe and dangerous forms of Fever, etc., etc., should not be attempted except in the absence of a reliable Homœopathic physician, or until the services of such a one can be obtained. For convenience, it is desirable that a book of this kind should be made to occupy as little space as possible; for this reason, acute diseases or that class requiring prompt treatment only are considered. A chapter, however, has

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been devoted to the treatment of "Poisoning;" also, one to Apparent Death from Drowning, Suffocation, etc., which will be found to be of great practical importance, not only to families but to students and junior practitioners.

With respect to the remedies, they have been arranged under the head of each disease in alphabetical order.

The diseases have likewise been arranged in alphabetical order in the body of the work, as well as in the contents, and can, therefore, be consulted with the greatest facility.

This work is designed for the non-professional masses, and is, therefore, written in such language as to be understood by all.

In its preparation, our best authorities in the English and American Homœopathic literature have been consulted, and from their rich treasury most of the material it contains has been carefully selected. Such symptoms and indications for the uses of the remedies only are given as have withstood the practical test of experience.

The necessity for a work of this kind will be more apparent, when we bear in mind that a large portion of the population of the United States are not within reach of Homœopathic physicians, and, if they make use of the remedies, are obliged to depend upon such knowledge as can be obtained from books desired for domestic use.

PART I.
INTRODUCTION.

LIST OF MEDICINES

Prescribed in this Book, with their English Names.

1. Aconitum napellus.	<i>Monkshead.</i>
2. Antimonium tartaric.	<i>Tartar emetic.</i>
3. Apis mellifica.	<i>Poison of honey bee.</i>
4. Arnica montana.	<i>Leopard's bane.</i>
5. Arsenicum album.	<i>Arsenious acid.</i>
6. Belladonna.	<i>Deadly nightshade.</i>
7. Bryonia alba.	<i>White bryony.</i>
8. Calcareo carbonica.	<i>Carbonate of lime.</i>
9. Carbo vegetabilis.	<i>Vegetable charcoal.</i>
10. Chamomilla.	<i>Chamomile.</i>
11. Cinchona or China.	<i>Peruvian bark.</i>
12. Cina.	<i>Worm seed.</i>
13. Coffea cruda.	<i>Raw coffee.</i>
14. Colocynthis.	<i>Colocynth apple.</i>
15. Cuprum.	<i>Copper.</i>
16. Dulcamara.	<i>Bitter-sweet.</i>
17. Hepar, sulph. calcarea.	<i>Sulphuret of lime.</i>
18. Ignatia amara.	<i>St. Ignatus bean.</i>
19. Ipecacuanha.	<i>Ipecac.</i>
20. Kali bichromicum.	<i>Bichromate of potash.</i>
21. Mercurius.	<i>Mercury.</i>
22. Nux vomica.	<i>Nux vomica.</i>
23. Phosphorus.	<i>Phosphorus.</i>

24. Pulsatilla,	<i>Meadow anemone.</i>
25. Rhus toxicodendron.	<i>Poison oak.</i>
26. Spongia tosta.	<i>Burnt sponge.</i>
27. Sulphur.	<i>Sulphur.</i>
28. Veratrum alb.	<i>White hellebore.</i>

EXTERNAL APPLICATIONS.

Arnica—Mix two teaspoonfuls of the *tincture* with a half a tumblerful of water to make a lotion.

Uses—Bruises of all kinds.

Calendula—Two teaspoonfuls of the *tincture* with half a tumblerful of water. Use as a lotion.

Uses—Cuts or lacerated wounds.

The Dilution or strength of the medicines recommended in this work is the third potency of the vegetable and the sixth of the mineral preparations, except when otherwise directed.

ADMINISTRATION OF REMEDIES.

Homœopathic medicines are prepared for use either in the form of liquids, powders or globules.

Medicated globules or pellets are generally prescribed in domestic practice, on account of greater convenience, and are also considered to be equally effective in the great majority of cases. For adults we recom-

mend eight to ten, and for children two to six globules as a dose dry on the tongue, or twenty-five or thirty globules may be dissolved in half a tumblerful of pure, soft water—a teaspoonful of the solution given as a dose to a child, or two teaspoonfuls to an adult.

When liquids are used, five to ten drops may be dissolved in a glass half full of pure, soft water, and a dessert-spoonful given as a dose to an adult, or a teaspoonful to a child.

The powders, or triturations as they are called, may either be given in the same manner, about five to ten grains dissolved in half a tumbler of pure water, and one or two teaspoonfuls at a dose, or as much as would lie on a silver five-cent piece taken at a dose dry on the tongue.

The medicines should not be taken within half an hour before or after a meal. *The frequency of repetition of the dose* is given with every medicine in the treatment of each disease.

As soon however as the symptoms of the disease abate the medicine must be given at longer intervals and then discontinued.

Should the symptoms of an existing disease change their character after a medicine has been given, that medicine should no longer be continued, but another substituted more suited to the new symptoms. In some cases