

**MENTAL CONTROL OF THE
BODY
OR, HEALTH THROUGH
SELF-CONQUEST**

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Mental control of the body or, Health through self-conquest by Vilette Hutchins White

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VILLETTE HUTCHINS WHITE

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BY
VILLETTE HUTCHINS WHITE



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THIS BOOK IS DEDICATED WITH DEEP SYMPATHY,
BUT WITH ABOUNDING FAITH, TO ALL WHO
SUFFER; WITH THE EARNEST HOPE
THAT MANY MAY FIND THROUGH
ITS STUDY FREEDOM FROM
PAIN AND SURCEASE
OF SORROW

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