

**PLAY: COMPRISING GAMES FOR THE
KINDERGARTEN, PLAYGROUND,
SCHOOLROOM AND COLLEGE: HOW
TO COACH AND PLAY GIRL'S
BASKET-BALL, ETC.**

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Play: comprising games for the kindergarten, playground, schoolroom and college: how to coach and play girl's basket-ball, etc. by Emmett Dunn Angell

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EMMETT DUNN ANGELL

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PLAY

COMPRISING

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PLAYGROUND, SCHOOLROOM
AND COLLEGE

HOW TO COACH AND PLAY GIRLS'
BASKET-BALL, ETC.

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INTRODUCTION

THE American people cannot fail to welcome a new book on play. Throughout our country there is a growing appreciation of its importance and its necessity during childhood and youth. No movement of modern times affecting the life and education of the young has been received with greater enthusiasm than the one which has for its end the establishment of playgrounds, and the organization and encouragement of the play interests of children. We have apparently become convinced that no child can develop normally unless he has opportunities for a large amount of diversified play; though the writer of this note can remember the time when even intelligent people thought

Sather - 1.49 - 1922

INTRODUCTION

games were useful merely for recreation. One rarely heard in those times that play was essential, alike to physical and to mental development. Parents and teachers would frequently correct a child by telling him not to waste his time in games, but to devote himself to profitable work of some kind. Happily, this attitude is rapidly disappearing, though it still lingers among us in some sections of the country.

Students of human development are saying to-day that it is impossible for an individual to mature properly without almost constant motor activity during the years preceding adolescence. It is also generally recognized that a child or youth will gain much more of value for his nervous and physical development from spontaneous than from mere formal exercises of any kind, either in the gymnasium or outside. In play one has a definite end