

**PERIODICITY: THE ABSOLUTE LAW  
OF THE ENTIRE UNIVERSE, LONG  
KNOWN TO CONTROL ALL MATTER  
NOW REVEALED AS THE LAW OF ALL  
LIFE AND THE PERIODS DISCOVERED**

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Periodicity: The Absolute Law of the Entire Universe, Long Known to Control All Matter Now Revealed As The Law Of All Life and the Periods Discovered by Jos. Rodés Buchanan

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**JOS. RODES BUCHANAN**

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(A scientific secret revealed.)

# PERIODICITY

The absolute law of the entire  
Universe

LONG KNOWN TO CONTROL ALL MATTER

NOW REVEALED AS

## THE LAW OF ALL LIFE

and the periods discovered, showing

1. *The course of every life from birth to death.*
2. *When to prepare for success, and when for failure.*
3. *When to toil and when to rest for health.*
4. *How to avoid or overcome misfortune.*
5. *How every life affects other lives.*
6. *Whom to seek and whom to avoid in marriage, friendship and business.*
7. *Counsel as to parents and children.*
8. *Warnings to patients and physicians.*
9. *Influence of moon and planets on tides, weather, vegetation, earthquakes and life.*
10. *Warnings that may protect life and property.*
11. *Plain rules to find your own years, months and days for success or failure, health or sickness.*
12. *Destiny of Nations shown in the history of the United States.*
13. *Dangers of the next eighteen years.*
14. *Personal experience as examples.*
15. *Demonstration in the life of*

**NAPOLEON BONAPARTE.**

By PROF. JOS. RODES BUCHANAN, M. D.,

*Author of System of Anthropology, The New Education, Manual of Psychometry, Therapeutic Sarcognomy, Professor of Physiology and Instructor of Medicine in the colleges of Cincinnati, New York and Boston and Dean of the Faculty in the parent school of American Eclecticism at Cincinnati 46 years ago.*

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## CHAP. I.—PERIODICITY.

Origin and nature of the discovery now revealed—ancient opinions—its test by practical application—the number seven the prevalent number in nature—a septimal division in all affairs of life and in the solar system—study of Periodicity by physicians—septimal doctrine of my college colleague.

After my retirement from the Eclectic Medical College at Cincinnati in 1856, my attention was attracted by an apparent periodicity of nature, in the phenomena of disease and in the different influences of week days, months and years, and my affairs in the college.

Popular opinion fixed upon the sixth day of the week, Friday, as unlucky, and some of my experiments seemed to sustain that idea, which was expressed in the creative legend of Genesis, that God was fatigued on the sixth day and rested on the seventh, which was therefore ordered to be a day of rest.

Friday, the sixth day, was the day of the crucifixion of Jesus, and has since been regarded as hang-man's day, and used for that purpose. The wide spread opinion that Friday is an inauspicious day, would not have been so long maintained without some foundation in nature, and the same impression as to the number thirteen must have been based on some experience.

I need not narrate my methods of investigation and reasoning which led to the conclusions that I now offer my readers, which have been confirmed by many observations so fully that I am warranted in offering the doctrine to the public, which I have heretofore concealed for thirty years, waiting to subject it to decisive tests, to know if it was practically reliable.

To make decisive tests of the law, I have been accustomed upon first meeting a stranger to tell him of the favorable and unfavorable periods of his life, and to find him astonished at the revelation of his troubles, the times of deadly sickness, financial loss, disappointments, calamities and failures in schemes that looked plausible.

Some lives are more fortunate than others and the periods of distress or calamity less marked; but I do not think the failure of the rule (by some interfering cause) occurred in more than from two to five per cent. That interference may have been due to astrological causes, or to the bearing of one life on another, as one's destiny may be elevated or depressed by the influence of others; besides my understanding of the law was incomplete until in reviewing it I found an oversight.

The law which I have found in operation, and which my most intimate friends, in testing, have become convinced by experience that

it is a law of great importance to be understood, is easily stated. It is this—that all vital operations proceed in a varying course, measured by the number seven. This septimal division I expect to find in the life of every individual from youth to age, in the progress of diseases, in the history of nations, societies, enterprises, and everything that has progress and decline—in short in all life, for all life has its periods of birth growth decline and death. I presume inorganic nature has periodical laws also, as seen in sun spots which appear to have eleven year periodicities according to the latest observations; and I know not why animals should not have their periodic laws as well as man; (for they have definite periods of gestation, of life and death); and even the vegetable kingdom has its regular periods, for the solar system and stellar worlds have regular periods which control all life by the seasons, by electricity and magnetism, and there is nothing that escapes these influences, which are all periodic.

The regular periodicity of fever has been a great puzzle to the medical profession. The great anatomist, Prof. Reil of Germany, referred it to "some general law of the Universe" which was good philosophy and corresponds with Kepler's ideas. Cullen, Bailly and Roche made some imperfect attempts to explain it, but M. Brachet, a French physiologist tested



it experimentally very successfully by adhering to the number seven.

Sir Thomas Watson, M. D., describes his experiment as follows:

"Towards the end of the month of October in the year 1822, M. Brachet took a cold bath at midnight, for seven nights in succession, in the river Saone. On the first occasion he remained a quarter of an hour in the river; on the second, half an hour; till at length he was able to stay in the water a full hour at a time. After each bath he betook himself to a warm bed and in a short time became affected with considerable heat followed by copious perspiration, in the midst of which he fell asleep. At the end of the seven days, M. Brachet ceased to repeat this experiment; but what was his surprise, at finding on the following nights, between twelve and one o'clock, that all the phenomena of a true ague fit appeared in due order and succession! As however this artificial paroxysm was not very severe, and as he felt quite well during the day, M. Brachet determined not interfere with it; but to observe the result, six times it renewed with great regularity. On the seventh night after he had omitted the baths he was summoned towards midnight to a "woman in labor." On that visit he overcame the periodic chill and fever and had no more of it.

This shows the natural law of periodic re-

currence of any strong and repeated impression at a specified hour and day and the ability to terminate evil impressions on the seventh day which is more marked on the eighth and ninth, so that the ninth day is often considered critical.

Dr. Watson says, "we have much to learn on this subject" and wonders why in quotidian fevers their usual and natural paroxysms occur, not in the evening, but in the morning, when there should be the least tendency to an increase of febrile action.

The septimal law of the two periods of life explains this by showing that the vital force is feebler in the morning and stronger in the afternoon. It shows the folly of early\* cold bathing. Many years ago several young men in a town near Cleveland got into a fad of bathing in the cold river (the Cuyahoga) on rising in the morning; which they were robust enough to keep up for some months on their theory, beginning in the fall without properly observing its effects. They were all injured in health and compelled to give it up. Rain or sun bathing is much more congenial especially to the old or the very young or feeble. But strong, warm constitutions may enjoy a moderate use of cold water, especially if we imitate primitive conditions by allowing the water to dry on the skin; warm water should never be used in bathing, as it weakens the nervous system. The best statement on this subject in my reach,

is that of my able colleague, the late Prof. I G. Jones, who says, in his excellent work on the American Eclectic practice of medicine:

"You will find in many instances a tendency to a return of the disease at set periods. The laws of periodicity appear to extend beyond the time governing the return of each paroxysm, and to produce a predisposition to a relapse at periods of about seven days. So that a return may be apprehended on the same day of the week on which the last occurred; or to state it categorically, there is a tendency to a return on the seventh, fourteenth, twentyfirst, etc. day, from the time of the last chill. Physicians familiar with the disease have observed this tendency, and many have adopted the plan of fortifying their patients against the disease at those particular times. The days mentioned have long been considered important days."

In typhoid fever which comes on slowly and insidiously we have no day to count from but Prof. Jones says the usual time of the premonitory symptoms is about six days which is what periodicity would indicate. In favorable cases the improvement appears in the second or third week beyond which the indications are unfavorable. It is the doctrine of medical writers generally that fevers have critical days, a time called a crisis, promising favorable or unfavorable results whether from