

**PRIMARY LESSONS IN CHRISTIAN  
LIVING AND HEALING; A TEXTBOOK  
OF HEALING BY THE POWER OF TRUTH  
AS TAUGHT AND DEMONSTRATED BY  
THE MASTER LORD JESUS CHRIST**

Published @ 2017 Trieste Publishing Pty Ltd

ISBN 9780649002221

Primary lessons in Christian living and healing; a textbook of healing by the power of truth as taught and demonstrated by the master Lord Jesus Christ by Annie Rix Militz

Except for use in any review, the reproduction or utilisation of this work in whole or in part in any form by any electronic, mechanical or other means, now known or hereafter invented, including xerography, photocopying and recording, or in any information storage or retrieval system, is forbidden without the permission of the publisher, Trieste Publishing Pty Ltd, PO Box 1576 Collingwood, Victoria 3066 Australia.

All rights reserved.

Edited by Trieste Publishing Pty Ltd.  
Cover @ 2017

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, re-sold, hired out, or otherwise circulated without the publisher's prior consent in any form or binding or cover other than that in which it is published and without a similar condition including this condition being imposed on the subsequent purchaser.

[www.triestepublishing.com](http://www.triestepublishing.com)

**ANNIE RIX MILITZ**

**PRIMARY LESSONS IN CHRISTIAN  
LIVING AND HEALING; A TEXTBOOK  
OF HEALING BY THE POWER OF TRUTH  
AS TAUGHT AND DEMONSTRATED BY  
THE MASTER LORD JESUS CHRIST**



**Primary Lessons**  
IN  
**Christian Living**  
and **Healing**

A TEXT-BOOK  
OF  
HEALING BY THE POWER OF  
TRUTH AS TAUGHT AND  
DEMONSTRATED BY  
THE MASTER

**Lord Jesus Christ**

BY  
**Annie Rix Miltz**

*Third Edition*

PUBLISHED BY  
**THE MASTER MIND PUBLISHING CO.**  
649 SOUTH FLOWER STREET,  
LOS ANGELES, CAL., U. S. A.

*Copy*  
Copyright, 1904, by A. R. Militz

TO THE  
ALBANY

## PREFACE

---

FOR over twelve years these lessons have been given to spiritual students, hundreds of whom are living demonstrations of their efficacy in healing.

Not only have the sick been healed by the practice of these teachings, but characters have been redeemed from vice and weakness, and prosperity has come to those who had never dreamed that there is a law of mind that gives fortune and freedom from debt. Therefore these teachings are not theoretical or chimerical, but proven Truth, that Truth which is more valuable than any earthly treasure that could be named, and for which no exchange would even be considered by the one who has learned and realized It.

The lessons were first brought out as a serial in the metaphysical magazine Unity, of Kansas City, Mo., and through its wide circulation they have reached thousands whose loving testimonials are coming to the writer every day.

As numbers of public teachers and healers have been the fruitage of the oral deliverance of these lectures, the same blessed harvest is anticipated through their dissemination in printing. Already the good news has come from different localities of groups gathering day after day and listening to the reading of the lessons by

v

some one of their number, whose enthusiasm and faith baptizes the letter of the reading with that Spirit which is the essential goodness of oral instruction.

Whoever wishes to use these lessons in teaching is welcome to do so, without referring to the author of them. No greater praise could be given than to quote them as impersonal Truth.

For the benefit of those who wish to make a study of the Bible with the true understanding of spiritual things there has been added an index of all the Bible references used in the book. Many obscure texts will be found among them whose interpretation is given clearly in the context of the book where the passage is quoted.

Teachers and speakers who wish to give sermons and Bible readings will find this index of much assistance.

Go, little book, and if in the great galaxy of spiritual lights that shall crown this century as the Spiritual Renaissance of the world thou canst be the polar star to even one weary mariner, lost upon the ocean of delusion, by which Truth may guide him to his Home, thine existence will have been well accounted for, and thy mission blessed.

A. R. M.

CHICAGO, January, 1900.



## TABLE OF CONTENTS.

---

### LESSON I.

#### FIRST PRINCIPLES.

The pursuit of happiness.—Knowledge of Truth brings it.—Basic principles and axioms.—God is the omnipresent Good.—God is Health, Life, Love, Truth, Substance and Intelligence.—Man, the image of God.—Practical application of the lesson..... 1-11

### LESSON II.

#### THE REAL AND THE UNREAL.

God is All.—The whole Truth frees.—Ignorance, the cause of error.—Denial of evil and matter.—The Absolute.—Unlearning errors.—Receptivity to Truth.—Old teachings about denials.—John Baptist.—True self-denial.—Evil, a lie.—Senses not reliable.—Effect of denials.—Real baptism.—The practice..... 12-24

### LESSON III.

#### WORDS, THEIR USE AND POWER.

Mind, the great cause.—Orderly thinking.—Hell and Heaven.—The real world.—The real I.—Mental words.—Magical use of language.—Scripture.—Prayer.—Speech.—Practical praying.....25-36

### LESSON IV.

#### FAITH.

Unbelief.—The faith that wins.—Pioneers in mental healing.—Steadfastness to Principle.—The faith of God.—The clashing of Truth and error.—All have faith.—Medicine, magnetism, mesmerism, mediumship.—The Word is God's means.—Now.—The Will of God.—Persistency in prayer.—Fear and doubt driven out...39-50

## LESSON V.

## KNOWLEDGE AND GOOD JUDGMENT.

"Blind faith."—Misunderstanding God.—Wisdom, the principal thing.—Intuition.—The teacher within.—True education.—Inspiration and interpretation of Scriptures.—Correspondence between things natural and spiritual.—The Spirit of Truth.—Judgment Day.—Origin of evil.—The unknowable.—Matter, the shadow of Spirit.—Personality.....51-64

## LESSON VI.

## UNITY AND CONCENTRATION.

Oneness of the True and the Good.—One name.—Spiritual mind ever unites.—Differentiation.—Purpose of religion.—The atonement.—Jesus Christ.—Concentration.—Practical Christianity.—Memory.—The Christ-works.—Healing.—The Silence.—A practice for concentration .....65-78

## LESSON VII.

## OUR HEREDITY AND FREEDOM FROM SENSUALITY.

All can heal.—All healing from God.—Methods of healing by the Word.—Our real parentage.—No inheritance of evil.—The Holy Family.—Pre-existence, not re-incarnation.—Freedom from fleshly appetites.—The Immaculate Conception.—Drunkenness healed.—First treatment in a Healing Course.....79-94

## LESSON VIII.

## FREEDOM FROM DELUSIONS AND DECEPTIONS.

Spiritual law.—Anxiety.—Plagues and evil associates.—Hypnotism.—Meeting malice with love.—Mediumship.—Laws of health.—No thought as to diet.—Our defense against animals.—Deliverance from accidents.—Sensitiveness.—Prosperity.—Miracles.—Second treatment.—Healing children.....95-111

## LESSON IX.

## FORGIVENESS, THE CURE OF SIN.

Knowledge, even though slight, heals.—Chronic cases.—Fulfilling the spirit of the law.—Sermon on the Mount.

Table of Contents.

ix

—Anger overcome.—Lust cast out.—Injury and imposition overcome.—Love your enemies.—Ignorance, cause of sin.—Forgiveness.—Pity and indignation.—Self-treatment .....112-127

LESSON X.

OVERCOMING FEAR.

What salvation is.—The Mosaic law.—Christ-knowledge transcends destiny.—Remorse.—No backsliding.—The Word of Truth like yeast.—Fermentation in carnal mind.—Confession.—Fear cast out.—The fearful classed with murderers.—Animals and people harmless before fearless love.—Healing fevers.—Treatment for acute cases.—Painless childbirth.....128-142

LESSON XI.

DIVINE UNDERSTANDING, OUR STRENGTH.

Discouragement and discontent.—True self-sufficiency.—Discernment in hearing teachers and in reading.—Bible study.—Explanation of contradictory texts.—God knows no evil.—Predestination.—The Elect.—No superiority.—The Cross.—Death overcome.—Forms and ceremonies.—Fifth treatment.....143-159

LESSON XII.

DIVINE COMPLETENESS, OUR SATISFACTION.

The awakened Soul.—The devotee's view.—No chance.—Love increased.—Liability to "fall in love."—Office of marriage.—The Soul complete.—No sexuality.—Passing from generating to re-generating.—Earthly marriage, a symbol.—Paradoxes.—The Unnameable.—The Mother.—The Nothing.—Uniting opposites.—Perfection.—Be still.—*Samahdi* and a *sanyama*.—Truth is very simple.—Tribulations.—"I am satisfied."—The Spiritual Baptism.....160-176

INDEX OF BIBLE REFERENCES.....177