# HARVARD HEALTH TALKSTHE CARE OF THE TEETH; PP. 5-62

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Harvard Health TalksThe Care of the Teeth; pp. 5-62 by Charles A. Brackett

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### **CHARLES A. BRACKETT**

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#### HARVARD HEALTH TALKS

### THE CARE OF THE TEETH





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#### HARVARD HEALTH TALKS

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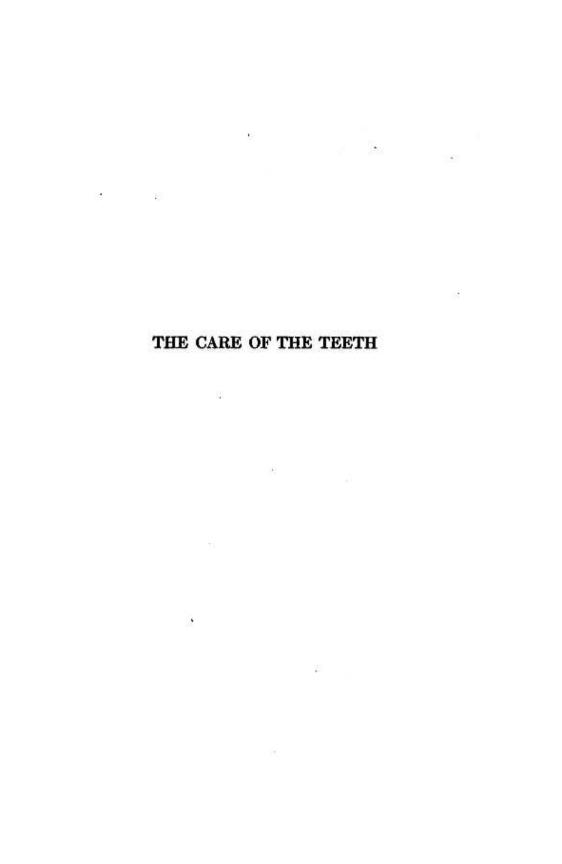
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#### THE CARE OF THE TEETH

THE importance of this subject needs no argument. Symmetrical, sound, well-kept teeth are important contributions to the beauty of the human countenance. Their possession is rightly construed to mean cultivation and refinement. A person with nicely kept teeth may be expected to be of the kind fastidious in other particulars. Then in addition to the beauty of the teeth, may be urged their importance in the preparation of the food for digestion and assimilation. All other things being equal, the person who masticates his food thoroughly is the person likely to be blessed with the most comfortable and complete digestion, and the best nutrition.

While it is true that the prosthetic dentist is able to provide excellent sub-